



# NORTHERN HIMALAYAS

Curating treks and trips the local way.

Northern Himalayas : Office: - Delhi | Gopeshwar | Dehradun |

Mobile: +91 9557082496 | +91-7210610606 Email: [northernhimwork@gmail.com](mailto:northernhimwork@gmail.com)

## Roopkund Trek



Roopkund (locally known as Mystery Lake or Skeleton Lake) is a high altitude glacial lake in the Uttarakhand state of India. It lies in the lap of Trishul massif. Located in the Himalayas, the area around the lake is uninhabited and is roughly at an altitude of 5,020 metres (16,470 ft), surrounded by rock-strewn glaciers and snow-clad mountains. Roopkund is a popular trekking destination. The size of the lake varies substantially, but it is seldom more than 40 metres in diameter (1000 to 1500 square metres in area), and is frozen in the winter.

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## SHORT ITINERARY

**Day 1: Rishikesh - Lohajung**

**Day 2: Lohajung - Didna**

**Day 3: Didna - Ali bugyal**

**Day 4: Ali Bugyal - Patar Nachauni**

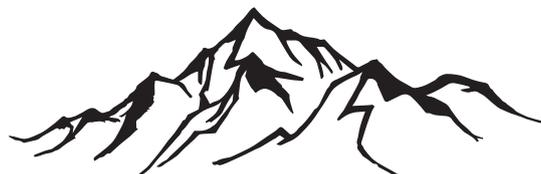
**Day 5: Patar Nachauni - Bhagwabasa**

**Day 6: Bhagwabasa - Roopkund**

**summit - patar nachauni**

**Day 7: patar nachauni - Lohajung**

**Day 8 : Lohajung - Rishikesh**





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## DETAILED TREK ITINERARY

### **Day 1 – Rishikesh to Lohajung [Drive 280 km]**

#### **• Altitude 7,650 ft**

10 hours drive from Rishikesh to Joshimath. The pick-up location is Rishikesh bus stand, pick up time will be in Rishikesh at 6:00 AM. Lohajung is the base camp for the roopkund trek. The route, once you cross Rishikesh, is beautiful. You drive along mountain roads, through forests. You also get glimpses of the Garhwal mountains in the distance on a clear day. Once you reach Lohajung, you find yourself face to face with the beautiful Nanda Ghunti peak. If you reach before sunset, the colours of the peak will enthrall you.

### **Day 2 - Lohajung to Didna Village [Trek - 5km]**

#### **• Altitude gain : 7,624 ft to 8,045 ft .**

After warmup & briefing we begin our trek. We trek through the forest following the Neel Ganga river. The initial trek is downhill till we hit the river. After we cross the river through the metal bridge, the trail winds upwards. After a good climb of around 2 hours, we reach Didina. which is at 2450 meters. There will be a hike of two hours through alpine forests. After the climb, you will be at the ridge that shows some amazing views. There will be a series of open grounds which can be seen from the ridge. Didna and Kulling are the popular villages that are famous as per their allocated season, one is for summer and the other is for winter. You will be spending the night at Didna in the Homestay after the long hike.





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## Day 3 –Didna To Ali Bugyal

- **Altitude 11,122 feet || 9 km to be covered in 8 hrs**

We start early today in order to enjoy the best views. There is a brief climb till the Ridge of Ali bugyal. Once we reach the ridge of the trek. it will be fairly easy with long sections of flat walk or gradual ascent. We will walk through the Ali Bugyal with mountains on our both side far in the distance. You will realize on the trek that these meadows are one of the best in the country. As you are walking through the Ali Bugyal, Nanga Ghunti & Trishuli are prominently visible in the East. We trek easy today taking frequent halts. You will get ample time to click pictures, so make good use of cameras today. Our campsite for the day is a forest section between Ali & Bedni Bugyal. It is also called Abin Kharak or Khobal Tal.





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## **Day 4 -Ali Bugyal to Patar nachauni via Bedni Bugyal**

- **Distance: 5 km | Duration: 4 hours**
- **Altitude gain: 11,010 ft to 12,300 ft.**

Today you will hike a short distance due to acclimatisation purpose. From today onward the oxygen starts reducing so we spend more nights before reaching the higher altitude. A short and easy walk takes us to Patar Nachuni (3750m/12,300ft). Total distance is 5 Km and may take 3 hours. We start by walking on the Bugyal and climb for half an hour to take the trail which is coming from Ali Bugyal. From here onward the road is almost flat till we reach Ghora Lautani. The road splits and we take the trail which goes to the right. Walking an hour on level ground we are at Patar Nachni



## **Mt. Trishul Massif and Roopkund Lake**

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## **Day 5 - Patar Nachauni to Bhagwabasa .**

**Altitude: 12,300 ft to 14,400 ft. Trek: 5 km (approx 5 hrs)**

Today we trek to Bhagwabasa (4300m, 14000ft) via Kailuvinayak (4400m, 14400ft). Patar Nachuni is surrounded by meadows and occasional mountain tops. The top of the ridge going almost straight ahead is Kailu Vinayak. First we gradually climb the ridge for first 2 Km. Then the ridge turns right and rises sharply in next one and half Km. This is a steep climb and we gain almost 1500 feet within a distance of 1.5Km. Total distance is 5 Km and can take up to 3/3 and half hours. There is a small cave on the right side of the well defined trail, and according to the legend it is the resting place or shelter of the Tiger ( Bagua -> Bagh/Tiger, Basa -> Home) that the goddess Nanda Devi rides.





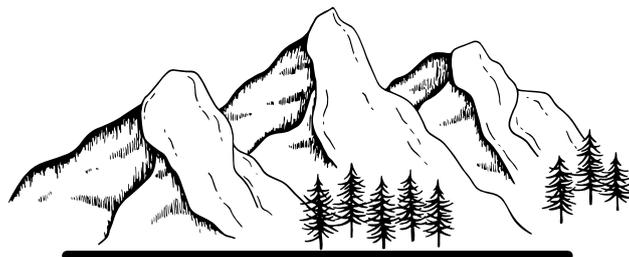
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## **Day 6 - Bhagwabasa to Roopkund Summit to Patarnachuni .**

**Altitude: 14,400 ft to 15,750 ft. Trek: 15 km (12 hrs)**

We start early in the morning by 5 am for Roopkund. It is a moderate climb to Roopkund for about 4 km but surely the altitude gain tires the body. Depending upon snow conditions it may take 2 to 4 hours to reach. Until mid of June the trail is covered with snow. During monsoon to late September snow will be much lesser. The trail is well defined but on snow it is difficult to locate. From Baguabasa camping ground the trail is a traverse first till we reach a place called Chhiria Nag meaning staircase formation like a snake. From this point the climb is moderately steep and one final steep climb on rock leads us to a flattened trail. From here we can see the depression ahead which is our destination, Roopkund (4800m/15750ft). We spend some time clicking the photos and offering puja to the small temple of Goddess Nanda Devi. The shallow lake has remains of skeletons which are almost 1200 years old! then We return on the same trail to Baguabasa. Descend on a steep trail is often tricky comparing to that of ascent. We climb down till Baguabasa and then almost on a level ground till Kailu Vinayak. We continue our descent till we reach Patar Nachuni. A long days trek ends at the lush green camping ground.



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## **Day 7 - Patarnachuni to Lohajung via Gheroli Patal . Altitude: 13,000 ft to 7,750 ft. Trek: 15 km (approx 12 hrs)**

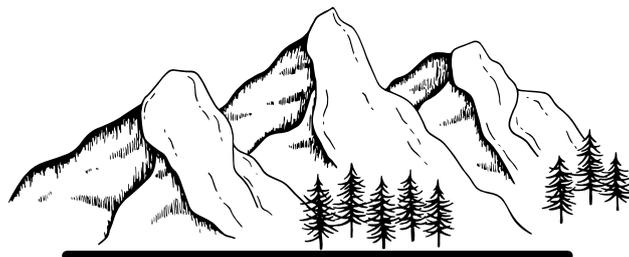
Today is a long way descending till Wan. From the camping ground a small climb takes us on the main trail. Now we follow the same path back after descending for an hour we reach an opening inside the forest and called Gahroli Patal. We continue going down till we reach the river bed of Neel Ganga. From here we climb to reach the top of the Wan Village which is called Ran ka Dhar. Finally we reach the road head to take the Jeep. It is around an hour from Wan to Lohajung by car and the road road is bumpy at places.

## **Day 8 - Lohajung to Rishikesh . Drive - 256 Km**

In the morning start from Lohajung to Rishikesh by car and reach in 10 hours. Roopkund trek ends here. You will reach by 7 pm in the afternoon. You can book tickets accordingly

**Distances and altitudes are approximate and may not be exact**

# THANK YOU



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## Cost Of The Trek

### COST PER PERSON

RISHIKESH TO RISHIKESH - INR 14000 + 5% GST

LOHAJUNG - LOHAJUNG- INR 12000 + 5% GST

### THE CANCELLATION CHARGES ARE AS UNDER :

- Cancellations prior to 30 days from the start of the trek- Full Refund.
- Cancellations prior to 29-15 days from the start of the trek - 50% Refund.
- Cancellation prior to 7-14 days from the start of the trek - 20% refund.
- Cancellation prior to 7 days from the start of the trek - no refund.





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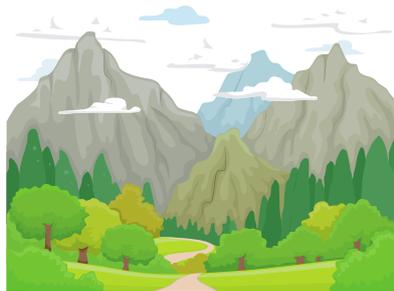


## **INCLUSION**

- Accommodation. (Guest house, Home stay, Camping)
- Meals while on trek (Veg.+ Egg)
- Trek equipments: Sleeping bag, mattress, tent , kitchen & dinning tent, toilet tent, utensils and crampon (if required)
- All necessary permits and entry fees.
- First aid medical kits .
- Mountaineering qualified & professional trek Leader, guide and Support staff.
- Transport from Rishikesh to Rishikesh.

## **EXCLUSION**

- Any kind of personal expenses.
- Food during the transit.
- Insurance.
- Any kind of emergency evacuation charges
- Mules or porter to carry personal luggage.
- Anything not specifically mentioned under the head.





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## **Booking Process**

You may make this payment by Cash, Online, or NEFT. Once you done the payment kindly provide us the payment detail through an email and whatsapp. Payment procedure: To confirm your registration you need to pay at least 50% of the Trek fee as an advance and the Rest of the balance is to be paid 2 days prior of the trip. (Through Bank Transfer ) alternatively, you can pay on the day of departure after meeting us. seats are booked on a first come first reserved basis.

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## **BANK DETAILS**

Ac. Name - Northern Himalayas

Ac. Number- 50200055984102

IFSC CODE : HDFC0009516

G PAY, PHONE PE, UPI No - 9557082496

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## **Terms and Conditions**

- **Backpack carrying:** All trekkers are advised to carry their own backpacks. All common gear will be carried by the support team. If for some reason a trekker is unable to carry his or her backpack, he/she can offload the same by paying an additional charge before they start the trek. No suitcases/trolleys will be allowed.
- **Drop out during trek:** If for any reason a participant has to drop out from the trek on any day then We will help the trekker to reach the nearest road head.
- **Drinking and smoking during the trek are strictly prohibited.** If found flouting the rules, your participation on the trek will be canceled with immediate effect.
- **Numerous factors such as weather, road conditions, the physical ability of participants, etc. May cause itinerary change.** We reserve the right to change any schedule in the interest of safety, comfort, and general wellbeing.
- **In the case of coming back from the Trek without completing the trek up to the summit due to the bad weather and the excess snowfall.** In that case, there will be no refund of any money. As you know we are curating this trip in the peak season so there are high chances of road blocking, route diverting, and long traffic jams so our team has full right to change the itinerary in order to complete the tour in the same amount of times. so there must be the chances of changing staying options due to the conditions which are not in our hand. In such cases, applicants will be chargeable for the amount spends on their stay and food.
- **We shall not be held responsible for any loss/delay/cancellation due to natural calamity, bad road conditions, Roadblocks, or any unforeseen circumstances beyond the control of the any.** In such case our company won't be held responsible for any further expenses bearable, in accordance with Transportation and Accommodations cost.



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## Things To Carry.

- A rucksack bag and a day pack
- 1-liter water bladder or water bottle
- A sun cap and a woolen cap
- UV protected sunglasses
- One cotton long sleeves and 2 short sleeve t-shirt
- 1 fleece jacket
- 1 heavy Thick jacket/down jacket
- 1 pair of gloves and neck warmer
- At least 2 long pants (trek pants and cargo pants are favorable)
- thermals
- 2 sets of undergarments
- 4 pairs of socks
- A small towel
- A rain jacket or a poncho
- Above-the-ankle waterproof and breathable hiking boots with good grip.
- Glucose powder
- Medicines for headaches, diarrhea, motion, and altitude sickness
- Dettol, Bandages & Cotton

## Personal Accessories

- Toothpaste, toothbrush
- Paper soap, or sanitizer
- Sunscreen minimum of spf40,
- lip balm, cold creams
- Body spray
- LED torchlight Must Carry :
- Authentic Government ID Card
- personal toiletries, toilet paper
- trekking pole
- Power Banks